

**Group II
Scoring**

Year	Team	Performance
1981	Asbury Park	15
1982	Vailsburg	31
1983	Newark Central	29
1984	Springfield	21
1985	Madison Boro	24
1986	Bernards	26
1987	Ridge	22
1988	Monmouth	27
1989	Newark Central	16
1990	Jefferson Twp.	20
1991	Hopewell Valley	15
1992	Asbury Park	33
1993	Asbury Park	48
1994	Moorestown	58
1995	Bishop Eustace	46
1996	Bishop Eustace	57
1997	Notre Dame	62
1998	Buena	35
1999	Moorestown	48
2000	Red Bank	57
2001	Voorhees	30
2002	Hopewell Valley	38
2003	Hopewell Valley	48
2004	Hopewell Valley	38
2005	Hopewell Valley	34
	Wilson	34
2006	Hopewell Valley	54
2007	Hopewell Valley	54
2008	Hopewell Valley	59
2009	Hopewell Valley	52
2010	Delsea	40
2011	Delsea	49
2012	Delsea	44
2013	Matawan	36
2014	Delsea	44
2015	Rumson-Fair Haven	30
2016	Rumson-Fair Haven	36
2017	Haddonfield	38
2018	Rumson-Fair Haven	35
2019	Rumson-Fair Haven	57
2020	Haddonfield	52
2022	Haddonfield	63
2023	Rumson-Fair Haven	50
2024	Haddonfield	62

800 relay

Year	Team	Performance
1981	West Side	1:54.7*
1982	Vailsburg	1:51.4*
1983	Newark Central	1:48.2*

1984	Newark Central	1:49.2*
1985	Madison Boro	1:53.2*
1986	Roselle Catholic	1:51.5*
1987	Roselle Catholic	1:51.0*
1988	Monmouth	1:48.2*
1989	Newark Central	1:50.6*
1990	Newark Central	1:53.9*
1991	Roselle	1:53.9*
1992	Asbury Park	1:54.0
1993	Roselle Catholic	1:54.4
1994	Pleasantville	1:51.32
1995	Neptune	1:50.79
1996	Moorestown	1:51.62
1997	Notre Dame	1:48.67
1998	Monmouth	1:50.10
1999	Moorestown	1:47.54
2000	Moorestown	1:46.31
2001	Roselle	1:53.76
2002	Bridgeton	1:50.19
2003	Hopewell Valley	1:48.77
2004	Hopewell Valley	1:50.21
2005	Wilson	1:47.91
2006	Camden	1:48.63
2007	Hopewell Valley	1:47.77
2008	Hopewell Valley	1:47.68
2009	Hopewell Valley	1:45.61
2010	Camden	1:49.65
2011	Delsea	1:48.92
2012	Delsea	1:50.30
2013	Camden	1:47.83
2014	Delsea	1:48.80
2015	Deptford	1:44.75
2016	Deptford	1:48.97
2017	Lawrence	1:47.06
2018	Rahway	1:46.87
2019	Delsea	1:47.62
2020	Delsea	1:48.03
2022	Rumson-Fair Haven	1:49.44
2023	Rumson-Fair Haven	1:48.31
2024	Willingboro	1:45.44
1600 relay		
Year	Team	Performance
1981	Clifford Scott	4:22.5*
1982	Vailsburg	4:11.8*
1983	Newark Central	4:04.3*
1984	Newark Central	4:16.9*
1985	Madison Boro	4:19.5*
1986	Bernards	4:14.6*
1987	Newark Central	4:16.6*
1988	Monmouth	4:13.5*
1989	Newark Central	4:24.2*
1990	Lawrence	4:27.1*

1991	Hopewell Valley	4:22.9*
1992	Hanover Park	4:23.0
1993	Asbury Park	4:13.9
1994	Pleasantville	4:18.40
1995	Asbury Park	4:15.99
1996	Rahway	4:17.72
1997	Notre Dame	4:15.21
1998	Buena	4:07.61
1999	Buena	4:08.18
2000	Freehold Boro	4:14.27
2001	Voorhees	4:16.56
2002	Hopewell Valley	4:13.75
2003	Pleasantville	4:13.22
2004	Hopewell Valley	4:15.26
2005	Hopewell Valley	4:06.71
2006	Pope John	4:07.68
2007	Wilson	4:07.84
2008	Wilson	4:10.08
2009	Camden	4:02.90
2010	Delsea	4:09.76
2011	Delsea	4:08.60
2012	Buena	4:08.39
2013	Robbinsville	4:12.36
2014	Rumson-Fair Haven	4:08.97
2015	Summit	4:11.01
2016	Deptford	4:07.44
2017	West Essex	4:04.72
2018	West Essex	4:06.34
2019	Rumson-Fair Haven	4:06.85
2020	Delsea	4:12.20
2022	Rumson-Fair Haven	4:17.17
2023	Rumson-Fair Haven	4:08.59
2024	Willingboro	4:06.11

3200 relay

Year	Team	Performance
1981	Holmdel	10:20.8*
1982	Vailsburg	9:56.1*
1983	West Side	10:03.0*
1984	Holmdel	10:07.0*
1985	Holmdel	10:09.1*
1986	Holmdel	10:05.2*
1987	Ridge	10:34.8*
1988	Ridge	10:41.7*
1989	St. John Vianney	11:02.2*
1990	Cinnaminson	10:44.8*
1991	Cinnaminson	10:35.3*
1992	Hopewell Valley	10:31.9
1993	Asbury Park	10:30.5
1994	Asbury Park	10:41.58
1995	Asbury Park	10:04.82
1996	Bishop Eustace	9:59.07
1997	Notre Dame	10:01.63

1998	Snyder	9:56.09
1999	Buena	10:00.96
2000	Hopewell Valley	10:09.98
2001	Voorhees	10:01.24
2002	Voorhees	10:05.53
2003	Hopewell Valley	10:06.72
2004	Haddonfield	10:04.56
2005	Mendham	9:56.90
2006	Hopewell Valley	9:52.47
2007	Summit	9:51.29
2008	Voorhees	9:46.63
2009	Voorhees	9:41.91
2010	Delsea	9:59.95
2011	Morris Hills	9:50.45
2012	Morris Hills	9:52.49
2013	Voorhees	9:55.71
2014	Rumson-Fair Haven	9:45.68
2015	Chatham	9:55.95
2016	Rumson-Fair Haven	9:59.18
2017	Matawan	9:47.36
2018	Seneca	9:45.13
2019	Rumson-Fair Haven	9:44.50
2020	Haddonfield	9:51.15
2022	Haddonfield	10:00.65
2023	Parsippany Hills	9:58.91
2024	Haddonfield	10:00.43

Sprint medley

1981	St. Dominic Academy	4:33.8*
1982	Vailsburg	4:20.2*
1983	West Side	4:21.3*
1984	Newark Central	4:28.6*
1985	Red Bank	4:30.0*
1986	Bernards	4:31.7*
1987	Monmouth	4:33.9*
1988	Monmouth	4:29.7*
1989	Princeton	4:26.0*
1990	Princeton	4:39.6*
1991	Clearview	4:35.9*
1992	South Plainfield	4:33.6
1993	Asbury Park	4:36.5
1994	Asbury Park	4:25.61
1995	Asbury Park	4:27.21
1996	Bishop Eustace	4:26.44
1997	Notre Dame	4:28.50
1998	NO RACE	
1999	Bridgeton	4:23.82
2000	Red Bank	4:24.94
2001	Berkeley Heights	4:28.64
2002	Hopewell Valley	4:21.76
2003	Hopewell Valley	4:26.99
2004	Hopewell Valley	4:23.21
2005	Hopewell Valley	4:14.56

2006	Pope John	4:18.12
2007	Hopewell Valley	4:20.66
2008	Hopewell Valley	4:20.25
2009	Camden	4:14.27
2010	Neptune	4:21.34
2011	Neptune	4:09.64
2012	Sparta	4:12.47
2013	Ramapo	4:18.11
2014	Delsea	4:12.35
2015	Holmdel	4:14.89
2016	Rumson-Fair Haven	4:21.42
2017	Haddonfield	4:14.49
2018	Rumson-Fair Haven	4:18.24
2019	Gov. Livingston	4:14.54
2020	Haddonfield	4:19.01
2022	Snyder	4:26.27
2023	Rumson-Fair Haven	4:21.94
2024	Rumson-Fair Haven	4:17.40

Distance medley

1981	Dover	13:32.0*
1982	Vailsburg	13:00.8*
1983	Holmdel	13:07.9*
1984	Springfield	13:20.5*
1985	Holmdel	13:25.9*
1986	Bernards	12:58.6*
1987	Ridge	13:23.7*
1988	Ridge	13:36.5*
1989	Princeton	13:45.3*
1990	Hopewell Valley	13:50.5*
1991	Clearview	13:30.9*
1992	West Deptford	13:35.7
1993	Asbury Park	13:17.4
1994	Wall	13:31.1
1995	Bishop Eustace	12:59.41
1996	Bishop Eustace	12:43.05
1997	Mount Olive	12:56.03
1998	Morris Hills	13:08.70
1999	Hopewell Valley	13:10.56
2000	Hopewell Valley	12:51.76
2001	Voorhees	12:59.47
2002	Voorhees	13:05.91
2003	Hopewell Valley	12:46.97
2004	Haddonfield	12:49.17
2005	Mon. Donovan	12:37.17
2006	Hopewell Valley	12:48.15
2007	Hopewell Valley	12:40.31
2008	Voorhees	12:34.64
2009	Voorhees	12:24.81
2010	Highland	12:33.26
2011	Delsea	12:41.81
2012	Summit	12:39.27
2013	Rumson-Fair Haven	12:37.87

2014	Rumson-Fair Haven	12:34.30
2015	Robbinsville	12:41.76
2016	Robbinsville	12:39.56
2017	Haddonfield	12:32.80
2018	Gov. Livingston	12:35.58
2019	Rumson-Fair Haven	12:34.68
2020	Haddonfield	12:33.00
2022	Haddonfield	12:55.17
2023	Rumson-Fair Haven	12:42.58
2024	Haddonfield	12:51.18

Shuttle Hurdles

1981	Madison Boro	32.5
1982	Asbury Park	37.2
1983	Saddle Brook	38.8
1984	Madison Boro	34.2
1985	Madison Boro	33.0
1986	Millburn	36.2
1987	Springfield	37.6
1988	Monmouth	35.2
1989	Madison Boro	34.9
1990	Clark	35.2
1991	Lawrence	34.3
1992	Lawrence	35.5
1993	Roselle Catholic	35.2
1994	Moorestown	34.6
1995	Neptune	33.63
1996	Demarest	35.00
1997	Cranford	33.33
1998	Moorestown	34.43
1999	Moorestown	34.50
2000	Red Bank	33.53
2001	Berkeley Heights	35.48
2002	Cranford	35.54
2003	Cranford	34.90
2004	Bridgeton	33.51
2005	Wilson	33.07
2006	Pope John	35.52
2007	Hanover Park	34.82
2008	Hopewell Valley	33.10
2009	Hopewell Valley	33.73
2010	Cranford	35.22
2011	Gov. Livingston	33.58
2012	Buena	32.99
2013	Matawan	35.24
2014	Chatham	34.98
2015	Camden	33.51
2016	West Deptford	33.35
2017	Camden	33.04
2018	West Essex	32.50
2019	Rumson-Fair Haven	32.83
2020	West Essex	33.38
2022	Haddonfield	35.42

2023	Pt. Pleasant Boro	33.82
2024	Pt. Pleasant Boro	32.98
High Jump		
1981	Mater Dei	10-9
1982	Saddle Brook	9-8
1983	Central Ocean	10-0
1984	Clark	9-10
1985	North Brunswick	10-2
1986	Clark	9-10
1987	Clark	10-4
1988	Ridge	9-4
1989	Ridge	9-10
1990	Clark	10-0
1991	Moorestown	10-0
1992	Moorestown	9-10
1993	Moorestown	10-0
1994	Moorestown	10-0
1995	Matawan	9-4
1996	Bishop Eustace	9-8
1997	Mount Olive	9-10
1998	Freehold Boro	9-10
1999	Deptford	10-0
2000	Red Bank	10-2
2001	Msgr. Donovan	10-2
2002	Freehold Boro	10-0
2003	Freehold Boro	10-6
2004	Gov. Livingston	9-8
2005	Bridgeton	9-8
2006	Neptune	10-2
2007	Ewing	10-0
2008	Ewing	10-6
2009	Ewing	10-6
2010	Voorhees	10-8
2011	Gov. Livingston	10-2
2012	Mahwah	9-10
2013	Matawan	10-0
2014	Pt. Pleasant Boro	9-10
2015	Pt. Pleasant Boro	9-10
2016	Pt. Pleasant Boro	10-0
2017	Sparta	9-4
2018	Ramsey	10-0
2019	Ramsey	10-0
2020	Pascack Hills	10-0
2022	Sterling	9-10
2023	Raritan	9-4
2024	Cedar Creek	9-6
Pole Vault		
2005	Haddonfield	16-6
2006	Haddonfield	17-6
2007	NO RACE	
2008	Cranford	19-8
	Hanover Park	19-8

2009	Mahwah	19-6
2010	Monmouth	19-6
2011	Mahwah	18-6
2012	Ramapo	19-6
2013	Ramapo	21-0
2014	Ramapo	20-6
2015	Holmdel	20-0
2016	Gov. Livingston	21-0
2017	Gov. Livingston	23-0
2018	Delsea	22-6
2019	Haddonfield	18-6
2020	Haddonfield	18-6
2022	Pt. Pleasant Boro	19-6
2023	Pt. Pleasant Boro	18-0
2024	Haddonfield	21-0
Shot Put		
1981	Highland Park	62-4
1982	Asbury Park	62-9
1983	Caldwell	61-10.5
1984	Monmouth	63-4
1985	Monmouth	79-1.5
1986	Monmouth	70-1
1987	Westwood	63-2
1988	Westwood	63-0.5
1989	Hillside	66-4
1990	Asbury Park	69-6
1991	North Plainfield	62-6.25
1992	Princeton	68-5.25
1993	Morris Hills	62-5.25
1994	Asbury Park	62-9.25
1995	Bridgeton	69-2
1996	Hillside	64-0
1997	Bridgeton	71-7.75
1998	Bridgeton	84-7.5
1999	Bridgeton	75-4.75
2000	Bridgeton	72-3.5
2001	Matawan	63-5
2002	Demarest	85-6
2003	Roselle Catholic	65-11.75
2004	Roselle Catholic	67-7
2005	Morris Hills	68-10.5
2006	Indian Hills	69-3.5
2007	Mendham	67-3 1/4
2008	Mendham	71-1 3/4
2009	Fort Lee	64-3 1/2
2010	Delsea	70-8.5
2011	Delsea	74-4
2012	Bridgeton	68-10 3/4
2013	Manchester Twp.	70-3 1/4
2014	Manchester Twp.	69-9
2015	Madison	72-0 3/4
2016	Jefferson Twp.	69-9

2017	Rahway	75-5 1/2
2018	Ocean Twp.	73-9
2019	Pinelands	71-0 1/4
2020	Pinelands	71-0
2022	Delsea	70-3.75
2023	Sterling	67-9.5
2024	Willingboro	67-9.25